

Terms of use for the DAV Climbing Center Hamburg

Facility operator, contractual partner:

The facility is operated by the **Deutscher Alpenverein, Sektion Hamburg und Niederelbe e.V**, Döhrnstr. 4, 22529 Hamburg (hereinafter referred to as the "**Operator**")

1 <u>authorisation of use</u>

- 1.1 Only persons who have the necessary knowledge and experience of the safety techniques and measures to be used for bouldering (rope-free climbing up to a maximum grip height of 4.50 meters) and climbing or who themselves provide instruction by competent persons are entitled to use the climbing and bouldering facility. Climbing requires a high degree of caution and personal responsibility on the part of the user due to the considerable (fall) risks involved. The operator does not check whether the user (or the persons instructing him/her/them) have sufficient knowledge of the correct implementation of the safety techniques and measures and apply them. It is the responsibility of the user to check this on a case-by-case basis; the operator accepts no liability in this regard.
- 1.2 Before using the climbing and bouldering facility, every adult must register using the registration form for adults; for underage users, see below. In the course of registration, the dangers in the climbing and bouldering facility are pointed out and the rules of use (BNO) as well as the climbing center rules, climbing and bouldering rules are explained. By signing, the user confirms that he/she/they accepts and complies with the BNO and the rules see also point 6.1.
- 1.3 The admission price is based on the current price list (see notice board). Every user must be able to show proof of payment of the entrance fee at any time during their stay at the climbing and bouldering facility. Reduced admission prices are only granted on presentation of appropriate proof (e.g. DAV card).
- 1.4 An <u>increased admission fee</u> of €100.00 shall be payable as a contractual penalty if the facility is used without payment of the (correct) admission price. The right to assert further claims (for damages) remains reserved.
- 1.5 In the event of repeated use of the facility without payment of the correct entrance fee for a period of one year or in the event of repeated culpable use of the facility contrary to the provisions of these Terms of Use in their respective version despite a warning, the right to immediate expulsion from the facility and the issuing of a permanent house ban is reserved. In the event of immediate expulsion or a permanent ban, the admission fee paid will be refunded to the user on a pro rata basis.
- Opening hours are announced on the notice board. The climbing facility may only be used during opening hours. There is no admission 60 minutes before closing time. The climbing walls must be cleared 15 minutes before closing time and climbing must cease. The outdoor facility may not be used if there is a risk of thunderstorms or lightning. Each user is responsible for taking precautions in this regard.
- 1.7 <u>Minors up to the age of 18</u> (age: from 17 to 18 years) may only use the climbing facility under the supervision of a parent or guardian or another adult to whom the duty of supervision has been transferred.
- 1.8 <u>Minors from the age of 14</u> (age: from 14 to 17 years) may use the climbing facility unaccompanied by a parent or legal guardian, provided they present a written declaration of consent from their parent or legal guardian (see also section 1.10).

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- 1.9 <u>Underage participants in a group event</u> may only use the climbing facility under the supervision of a person of legal age to whom the duty of supervision has been transferred; the leader of a group event of a DAV section must be at least 16 years of age, provided that the DAV section confirms the consent of the legal guardian of the underage leader to the organization of the group event. A written declaration of consent from the legal guardian must be submitted for each underage participant.
- 1.10 Forms for declarations of consent are available at the climbing facility and/or can be downloaded from the website (www.dav-hamburg.de/kletterzentrum). The declaration of consent for cadre children is issued by the cadre coach. The consent forms must be completed in full and handed in at the cash desk the first time you visit the climbing facility.
- 1.11 Group event leaders, legal guardians and supervisors must ensure that the rules of use are observed by all group participants or minors accompanied by them. The DAV section/organization on whose behalf a external group event is being held must submit the "Confirmation of Duration for Guided Group Events" form, which must be renewed annually.
- 1.12 <u>Commercial use of the climbing facility is only permitted with a special permit from the operator.</u>
 There is no entitlement to this.
- 1.13 <u>Partial closures</u> of connected wall areas are permitted for youth and inclusion groups of the section as well as for course operations.
- 1.14 <u>Instructions from the climbing center staff</u> must be followed (domiciliary rights). If there is an important reason, the climbing center staff are authorized to close and clear the climbing facility or parts thereof without reimbursement of the entrance fee.

2 dangers when bouldering and climbing - principle of personal responsibility

- 2.1 Bouldering and climbing require a high degree of caution and personal responsibility due to the considerable (fall) risks involved. Falling objects, in particular artificial climbing holds, which can loosen or break unpredictably, can also pose a risk. Depending on the weather, there may be particular dangers in the outdoor facilities due to moisture, ice or snow, among other things.
- 2.2 Each user is responsible for applying the following "Climbing Rules (Safe Climbing)", "Indoor Rules (General Rules of Conduct in the Climbing and Bouldering Hall)" and "Bouldering Rules (Safe Bouldering)" in order to reduce potential hazards for themselves and third parties.
- 2.3 When using the marked climbing lines, ropes of at least 40m in length must be used.
- 2.4 When lead climbing, all available intermediate safety devices must be clipped in to reduce the risk of falling. These may not be unhooked by other climbers while the route is being climbed. It is forbidden to enter a route that is already occupied. This also applies when crossing a route that is already occupied.
- 2.5 Bouldering is only permitted in the designated areas. If there are red lines, these may not be crossed.
- 2.6 Before using auto-belays, the user must inform themselves about the correct and safe operation. Explanatory videos or introductions by the operator and explanatory pictures/pictograms are available for this purpose. The user is aware that when using the auto-belay devices, they must check that they are correctly attached on their own due to the lack of a partner check.

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- 2.7 Training in the fitness area with the fitness equipment requires sufficient experience, personal responsibility and consideration due to the associated risk of injury to oneself and third parties. Use is at your own risk. No liability is accepted for accidents or injuries. All users must be at least 16 years old; young people under the age of 18 require a declaration of consent from their parents. Minors after 1.9 may only use the equipment when accompanied by a group leader with the appropriate qualifications. Group leaders of youth groups require permission from the youth officer. During the posted training times of the competitive sports groups, the area remains closed to recreational athletes. The capacity per level is limited to 5 people. All users must adhere to the following guidelines for using the weight room in the tower.
- 2.8 Every person must be fully equipped in accordance with the standards when using our via ferrata. In addition to a climbing harness and via ferrata set, this also includes a climbing helmet. Use of the via ferrata is at the user's own risk and is only permitted to persons who know how to use the via ferrata set correctly. A partner check and sufficient distance of at least two fixed points between two users are mandatory. If interested, courses or trial lessons can be booked to ensure qualified instruction.
- 2.9 Despite ventilation, dust levels can be high in climbing gyms, especially in the bouldering area. Young children, especially infants, and people with respiratory problems should avoid these areas at peak times.

3 3 Equipment rental

- 3.1 Only persons who have the necessary knowledge and experience of the safety techniques and measures to be used for bouldering (rope-free climbing) and climbing and who know how to use the rented equipment properly or who themselves provide instruction by competent persons are authorized to rent equipment. See also sections 1.1 and 2.1.
- 3.2 Minors are not entitled to rent materials unless they can present a declaration of consent (see also section 1.10) from their legal guardians to rent materials independently. In the context of group events, material must be rented via the respective group leader, unless sentence 1 applies.
- 3.3 The rental fees are set out in the current price list (see website). Discounts are only granted on presentation of appropriate proof (e.g. DAV card). The rented equipment may only be used in the respective facility in which it was rented.
- 3.4 The rental period ends with the return of the equipment, which must be returned no later than 15 minutes before the end of the respective opening hours on the same day. Failure to do so will result in higher rent fees.
- 3.5 In the event of loss/no return, the equipment will be charged accordingly.

4 <u>4 General rules of conduct</u>

- 4.1 The changing rooms are to be used for changing, changing in the climbing center is prohibited.
- 4.2 The facility and its grounds must be kept clean and treated with care. Waste must be disposed of in the rubbish bins provided.
- 4.3 Bicycles must be parked in front of the facility. They may not be taken inside. Animals may not be brought into the facility. Guide dogs and therapy dogs with a corresponding licence are an exception.

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- 4.4 Open fires and smoking are prohibited in the facility. Climbing under the influence of alcohol/drugs is not permitted.
- 4.5 The instructions of the Management Board and the climbing center staff must be followed at all times. Persons who behave in a manner detrimental to the association or violate the climbing center rules may be banned from the climbing center for a certain period of time or permanently.

5 Liability

- 5.1 The Operator shall only be liable within the scope of the statutory provisions.
- 5.2 The Operator's liability for valuables brought in by the user that remain in the care of the Operator is limited to intent and gross negligence.

6 Validity

- 6.1 These Terms of Use are recognized by the user of the climbing facility by his/her/them signature on the registration form for adults and, if applicable, the declaration of consent for minors or the digital signature in the cash register system.
- 6.2 All users and visitors to the facility must inform themselves independently about the current version and any changes. The current version is available for inspection at the cash desk or is posted in the facility.



Climbing center rules - correct behavior in the climbing and bouldering hall

1. You have responsibility!

- ⇒ You use the climbing and bouldering hall on your own responsibility! The operator does not carry out any checks.
- ⇒ Climbing and bouldering involve considerable risks of falling: you can seriously or fatally injure yourself or others.
- ⇒ Watch out when mistakes happen: speak up!

2. Fairness and consideration!

- ⇒ Be considerate and do not endanger others.
- ⇒ Adapt your behavior to the respective situation.
- ⇒ Avoid bouldering for long periods, reserving routes and unnecessary falls when the climbing hall is busy.
- ⇒ Stay on designated climbing lines.
- ⇒ Let the belayer have their own space.
- ⇒ Avoid unnecessary use of chalk.
- ⇒ Climb or boulder only with suitable shoes and clothing/not bare-chested.

3. Beware of the danger zone!

- ⇒ Objects can fall in the climbing or bouldering hall.
- ⇒ Danger exists even if you are not climbing or bouldering yourself.
- ⇒ Be aware of the potential fall zone above you.
- ⇒ You can also injure yourself or others in the fitness and training area.

4. Clear away obstacles!

- ⇒ Always keep climbing and bouldering areas as well as fitness and training areas free of objects such as backpacks, water bottles and similar items.
- ⇒ Leave the equipment where it is (tables, benches, etc.).

5. First aid in case of accidents!

- ⇒ Everyone is obliged to provide assistance. Inform the climbing center staff immediately
- ⇒ Provide personal details on request.

6. Report any damage!

- ⇒ Report damaged wall areas, carabiners or quickdraws and damaged or loose handles immediately. Modifications are prohibited.
- ⇒ Report damage, defects, faults and conspicuous noises on auto-belay devices immediately.
- ⇒ Observe route closures.

7. The climbing hall is not a playground

- ⇒ Supervise children.
- ⇒ Playing in the climbing and bouldering areas is not permitted for safety reasons.
- ⇒ Minors aged 14 and over may only climb and train unsupervised with the consent of a parent or guardian.

8. Danger from jewelry and long hair!

- ⇒ Jewelry can get caught and injure you.
- ⇒ Tie up long hair: it can get caught in the belay device.
- \Rightarrow Leave the chalk bag on the ground when bouldering or hang it around you without a carabiner.



9. No alcohol, drugs or smoking!

- ⇒ Do not climb or boulder after consuming alcohol or drugs.
- ⇒ Smoking is prohibited even outdoors.

10. Mobile phones, music and animals disturb!

- ⇒ Cell phones are distracting and can fall down.
- ⇒ Headphones impair your attention.
- ⇒ Animals are not permitted.

Climbing rules - Climbing safely

1. Team setup at the beginning!

- ⇒ Clarify weight difference, take appropriate measures
- ⇒ Take belaying skills and daily form into account
- ⇒ Agree communication rules
- ⇒ Check climbing equipment

2. Partner check before each start!

Check each other with eyes and hands:

- ⇒ Anchor knot and anchor point
- ⇒ Belay carabiner
- ⇒ Belay device blocking test
- ⇒ Harness and harness buckles
- ⇒ Rope end tied off

3. Belay only with familiar devices

- ⇒ Semi-automatic devices offer additional safety
- ⇒ Brake hand principle: one hand always grips the brake rope
- ⇒ Observe the correct position of the braking hand
- ⇒ Carabiner, rope and belay device fit together

4. Full attention when belaying!

- ⇒ No slack rope
- ⇒ Choose the right position close to the wall
- ⇒ Watch your partner
- ⇒ Safety goggles support attention

5. Keep the fall zone clear!

- ⇒ Generously assess the danger zone for collisions
- ⇒ On the ground, keep sufficient distance from the climber's fall line
- ⇒ Keep sufficient distance from other climbers on the route
- ⇒ Take pendulum falls into account

6. Clip in all intermediate belays correctly!

- ⇒ Clip in from a stable position
- ⇒ Avoid falls when clipping risk of falling to the ground!
- ⇒ Observe the correct course of the rope in the carabiner
- ⇒ Do not climb behind the rope

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7. Top rope only at the intended deflections!

- ⇒ No toprope on a single carabiner
- ⇒ Top rope in heavily overhanging routes only with intermediate belays attached
- ⇒ Check that the correct rope is inserted in the belay device

8. Be careful when lowering!

- ⇒ Lower your partner slowly and evenly
- ⇒ Ensure that the landing area is clear
- ⇒ Never attach two ropes to one deflection carabiner
- ⇒ Communicate at the anchor point

9. Warm-up before the start!

- ⇒ Slowly increase intensity
- ⇒ Climb out loosely, warm down
- ⇒ Heal injuries

10. Be aware of your responsibility!

- ⇒ Be self-critical and open to feedback
- ⇒ Address mistakes, including those of others
- ⇒ Keep yourself up to date
- ⇒ Be considerate of others

Bouldering rules - Safe bouldering

1. Warm-up

- ⇒ Intensive warm-up protects muscles, ligaments and tendons
- ⇒ Warm-up only in suitable areas

2. Keep the fall zone clear

- ⇒ Do not stand under boulderers
- ⇒ Do not leave any objects lying around
- ⇒ Do not boulder too close together or on top of each other
- ⇒ Assess the landing zone generously

3. Spotting

- ⇒ Learn to spot correctly
- ⇒ Only spot when necessary
- ⇒ Pay attention to weight differences

4. Jumping off or climbing down

- ⇒ Climbing down before jumping off
- ⇒ Use marked exits
- \Rightarrow Learn to jump off and land
- ⇒ Land with feet as closed as possible and if necessary roll off

5. Watch out for children

- \Rightarrow The mat is not a playground!
- \Rightarrow Be aware of your duty of supervision

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⇒ Define maximum height individually

Fitness area - Guidelines for using the gym in "the tower"

1. Behavior & safety

- a. Every user is obliged to use the equipment in accordance with the instructions and to inform the staff immediately in the event of malfunctions.
- b. Adequate warm-up is essential to avoid injury.
- c. Free weights and other equipment must be returned to their place after use.

2. Cleanliness & hygiene

- a. Wearing sports clothing and clean sports shoes is mandatory. The weight room may not be entered barefoot or with climbing shoes.
- b. For reasons of hygiene, a towel must be used to cover the training equipment.
- c. The equipment must be disinfected after each use. Disinfectants are available.

3. Use of equipment

- a. The equipment is to be used exclusively for its intended purpose.
- b. The maximum load of the equipment must be observed and must not be exceeded.
- c. Users are responsible for the proper use of the equipment.

4. Food & drinks

- a. The consumption of food in the gym is not permitted.
- b. Drinks are only permitted in resealable containers.

5. House rules

- a. The climbing center staff reserve the right to refuse access to the weight room in the event of misconduct or breaches of the rules of use.
- b. The instructions of the staff must be followed at all times.

6. Liability

- a. The climbing center accepts no liability for lost items.
- b. The user is liable for willful damage to equipment.

By entering the gym, all users accept these terms of use and contribute to the promotion of a performance-oriented training environment.

Via ferrata - Requirements for using the via ferrata

1. Prerequisite for use

Use is only permitted for people who know how to use the via ferrata set correctly.

2. **Equipment**

- a. Use complete, standardised equipment: climbing harness, via ferrata set, helmet and sturdy footwear. *Note: contrary to the usual climbing without a helmet in artificial climbing facilities, serious head injuries are to be expected in the event of a fall on the via ferrata, which is why a helmet cannot be dispensed with here.*
- b. Always carry a self-belay sling with you (for breaks / emergencies).
- c. Consistent and correct use of equipment.

3. Partner check

Mutual check: harness buckle, connection between via ferrata set and harness, helmet.

4. Behavior

- a. The via ferrata may not be climbed alone, at least two people must always be present.
- b. Maintain sufficient distance.
- c. Only one person may be on each segment.

 Note: in the event of a fall, the shock absorber needs up to two meters to deploy.

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